Congrats for choosing to study abroad in Austria! In addition to any cultural and social considerations you may have to make before and during your time abroad, you should consider how you want your actions to affect the ecosystems and communities that you will be a part of. This guide will walk you through ways to consciously and sustainably study abroad in Austria, including your options to shop locally, ride public transit, and give back to the communities you will be staying in.
Salzburg has great public transportation and is well connected to the rest of Austria and the rest of Europe. Within the city, Salzburg has trolley buses and normal buses. Trolley buses run every 10-20 minutes, and normal buses can connect you with more specific, or rural places. You can also take trains to Vienna, Munich, Milan etc. with ÖBB, Austria’s train provider.

**Food Options**

The Grünmarkt is a local market open daily not far from your university. It has locally sourced produce and locally made products. The Schranne Farmers market is also a local market which has produce, meats, and goods.

**Volunteering**

Salzburg has many volunteering needs and organizations are always looking for helpers that want to give back to the community. Senior centers, soup kitchens, animal shelters, and English-teaching programs are always looking for volunteers, and many specifically look for English speakers and foreigners.

**Recycling and Thrifting**

Waste is sorted into general waste (landfill), paper, plastics, glass, and compost. There are multiple recycling points around the city, however, your housing will provide recycling and composting. Starting in January of 2025, Austria will introduce a Pfand system, in which you can deposit used bottles and aluminum cans at grocery stores in exchange for money. There are multiple thrift stores in Salzburg, with some more low cost ones being located outside of the city center.