



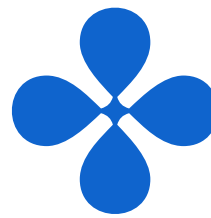
**International Education**  
UNIVERSITY OF DENVER

# SOUTH KOREA SUSTAINABILITY GUIDE



**Congrats on choosing to study abroad in South Korea! In addition to any cultural and social considerations you may have to make before and during your time abroad, you should consider how you want your actions to affect the ecosystems and communities that you will be a part of. This guide will walk you through ways to consciously and sustainably study abroad in South Korea, including your options to shop locally, ride public transit, and give back to the communities you will be staying in.**

# SEOUL



## Public Transportation

- Korea University offers a free shuttle bus to travel between the campuses.
- Seoul has one of the most extensive and convenient public transportation systems in the world, so be sure to take advantage of the variety of transportation options in the city. The subway runs 22 lines and starts at a price of 1,400 won (\$1 US). Public buses are another great way to get around, and fares start at 1,500 won (\$1.13 US).

## Food Options

- South Korea locally produces cabbages, apples, pears, grapes, persimmons, and tangerines. Be sure to shop locally and buy produce grown in the region for the cheapest and most delicious finds.
- Apples, pears and persimmons are in season in the fall, and citrus fruits are in season in the winter.

## Volunteering

- Like any big city, Seoul has many volunteering needs and organizations are always looking for helpers that want to give back to the community.
- Senior centers, soup kitchens, animal shelters, and English-teaching programs are always looking for volunteers, and many specifically look for English speakers and foreigners.

## Recycling and Thrifting

- South Korea is remarkably good at composting—almost 100% of food scraps end up composted due to a ban on landfilling food waste. Be sure to purchase the yellow composting bags at the grocery store and be aware that you cannot put food waste in public trash bins.

