

OIE Information & Travel Cheat Sheet



Country:

Tanzania (TZ)

Sex & Dating

- TZ experiences high rates of gender-based violence despite legal protections against gender-based harassment
- Similar to communication, dating in Tanzania can be conservative particularly in Zanzibar

Alcohol & Drugs

- Legal age to buy/consume alcohol: 18
 - Zanzibar province is considered a "dry" area and public intoxication is jailable
- Cannabis (marijuana) use is illegal
 - Punishable by 1-5 years

LGBTQIA+ Culture

- Tanzania's penal code criminalizes consensual same-sex sexual activity
 - Jail time is up to 30 years with potential for forced physical examinations
- Resources
 - OutRight Action International

Cultural Customs and Norms

- Population: 63.6 million
- Currency: Shilling
- Official Language: Swahili
 - Greetings are typically more formal
 - English is commonly spoken in urban areas
- Christianity and Islam are prominent religions which influence cultural customs and norms

Resources

112 Police, Ambulance, Fire

+255 Country Code

- International SOS
 - DU Membership Number: 11BSGC000067
 - Phone: 215.942.8478 / Website: [internationalsos.com](https://www.internationalsos.com)
- Student Support Program (My SSP): 24/7 Mental Health Support
- U.S. Department of State Smart Traveler Enrollment Program (STEP): travel.state.gov



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This is meant to be a helpful resource for students in selecting, understanding, and preparing for their time abroad. There is no intent to discriminate, generalize or stereotype the country or culture with the information provided here. A variety of sources, both formal and informal, were researched to gather this information.