This is meant to be a helpful resource for students in selecting, understanding, and preparing for their time abroad. There is no intent to discriminate, generalize or stereotype the country or culture with the information provided here. A variety of sources, both formal and informal, were researched to gather this information.

### Country: United Kingdom (UK)

#### Sex & Dating
- Brits have a laid-back approach, hesitant to use labels
- Rarely show emotions, physical affection
- Most couples meet through friends and communication styles are similar to the U.S.
- Sex is considered a taboo topic

#### Alcohol & Drugs
- Legal age to buy/consume alcohol: 18
  - Places serving alcohol will always check for ID given possible penalties for not doing so
- Cannabis (marijuana) is illegal
  - Possession can lead up to 5 years in prison with an additional fine

#### LGBTQIA+ Culture
- UK is increasingly more accepting of LGBTQ, gender expression, same-sex relationships
  - Was ranked most accepting European country for LGBTQ in 2015, but dropped to 9th due to anti-trans rhetoric
- Lively LGBTQ community in urban areas, particularly London and Brighton
- Resources
  - Rainbow SIG
  - OutRight Action International

#### Cultural Customs and Norms
- Population: 67.33 million
- Currency: British Pound
- Official Language: English
- Brits are friendly but can appear reserved
- Cars operate on the left-side of the road
- While urban cities tend to be diverse, many people of color report experiences of feeling "othered" and that race is not talked about/racism is ignored

### Resources

| 999 General emergency number |
| +44 Country code |

- **DU's Travel Assistance**
  - Phone: +1 443-569-8601 / Website: [dutravelassistanceprovider](#)
  - Please use DU credentials to sign in
- **Student Support Program (My SSP):** 24/7 Mental Health Support
- **U.S. Department of State Smart Traveler Enrollment Program (STEP):** [travel.state.gov](#)