

# OIE Information & Travel Cheat Sheet



## Country:

New Zealand (NZ)

### Sex & Dating

- Dating norms are considered more informal
- New Zealanders have a relaxed attitude towards sex
- Sex is not typically considered a taboo topic
- Consent is required for all types of relationships and communication is also good for avoiding any misunderstanding.

### Alcohol & Drugs

- Legal age to buy and consume alcohol is 18 with proof of age identification (passport)
- Cannabis (marijuana) use is illegal
  - Medicinal use permitted under certain conditions
  - International students may enter NZ with medicinal cannabis accompanied by proof of prescription from a doctor

### LGBTQIA+ Culture

- New Zealand is a socially progressive country and welcoming to LGBTQ students and other visitors
- Most New Zealanders are open-minded, accepting towards the LGBTQ community
- Resources:
  - NauMai NZ, OUTLine
  - Queerspace, Queeryouth

### Cultural Customs and Norms

- Population: 5.1 million
- Currency: New Zealand (NZD)
- Official Language(s): English, Māori, New Zealand Sign Language
  - Greetings are typically more casual and relaxed
  - Kiwis value kindness, tolerance, family and friendship.

## Resources

**111** Emergency number

**105** Non-emergency number

**+64** New Zealand country code

- [DU's Travel Assistance](#)
  - Phone: +1 443-569-8601 / Website: [dutravelassistanceprovider](#)
  - Please use DU credentials to sign in
- Student Support Program (My SSP): 24/7 Mental Health Support
- U.S. Department of State Smart Traveler Enrollment Program (STEP): [travel.state.gov](#)



**International Education**  
UNIVERSITY OF DENVER

This is meant to be a helpful resource for students in selecting, understanding, and preparing for their time abroad. There is no intent to discriminate, generalize or stereotype the country or culture with the information provided here. A variety of sources, both formal and informal, were researched to gather this information.