

OIE Information & Travel Cheat Sheet

Country:

Cuba (CU)

Sex & Dating

- Machismo is very prevalent on the streets, with very prominent catcalling
- Primary religions are Roman Catholicism and Santería, though atheism is also common
- Very social and communal culture, with residents that are likely eager to speak about the US
 - This is a polarizing topic though

Alcohol & Drugs

- Legal age to buy/consume alcohol: 16
 - Drinking in public is legal
- Cannabis (marijuana) recreational use is illegal
 - Medicinal use is also illegal

LGBTQIA+ Culture

- CU has legalized same-sex marriages
 - The public typically has a fairly progressive attitude
- Havana has a few queer spaces, and while rural areas may be less tolerant, discrimination is prohibited and Cuba relies heavily on its tourism industry
- Resources
 - Rainbow SIG
 - OutRight Action International

Cultural Customs and Norms

- Population: 11 million
- Currency: Cuban peso (CUP)
- Official Languages: Spanish
- "Usted" is expected in formal situations, communal situations use "tú"
- Common to greet those you know with a cheek kiss, when meeting with a handshake

Resources

106 Police / **105** Fire / **104** Medical Assistance

+53 Country code

- International SOS
 - DU Membership Number: 11BSGC000067
 - Phone: 215.942.8478 / Website: [internationalsos.com](https://www.internationalsos.com)
- Student Support Program (My SSP): 24/7 Mental Health Support
- U.S. Department of State Smart Traveler Enrollment Program (STEP): travel.state.gov



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This is meant to be a helpful resource for students in selecting, understanding, and preparing for their time abroad. There is no intent to discriminate, generalize or stereotype the country or culture with the information provided here. A variety of sources, both formal and informal, were researched to gather this information.